

## Caterpillars Class Newsletter

## This week in Caterpillars Class we.....

- We have been making our own musical instruments, we made castanets, microphones and other instruments of our choice.
- We also listened to different music from around the world then played our instruments in a band and listened to the different fast and slow beats
- Dinosaur Land we found frozen dinosaur eggs and hammered them to find the dinosaur inside.
  - Roleplay We made tea and coffee in our Coffee Shop using our fine motor skill to stir and pour.

## This week in Caterpillars Class we will be...

- Cooking We will be making pineapple cakes.
  - Making African necklaces
  - Matching patterns to the correct animal.
    - Writing postcards.

## **Home learning:**

- Talk to your child about different countries and the difference in weather/animals they have.
- Take a trip to the supermarket and look at the different fruits and vegetables to see what country they where grown in.

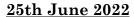


Lots of team work in Caterpillars class, investigating how to get marbles from one side of marble run to the other.



Caterpillars class making musical instruments







## Caterpillars Class Newsletter

## **Important Notices and Reminders**

Please make sure your child has a named sun hat and a spare set of clothes at nursery.

#### **Lunch Box Parent Guidance**

Sending your child into nursery with a packed lunch is a great way to ensure they're eating a balanced and healthy diet that will keep their energy levels up and ready for learning and having fun!

#### **Healthy Foods for Lunch**

Salad, lots of fruit, vegetable sticks, yoghurt, sandwiches or wraps with healthy fillings, Rice cakes, cheese cubes or sticks.

Drinks - Water or sugar free squash.



#### **Making Food Fun for Children**

Making a fun and enjoyable environment is one of the best ways to encourage your child to try new foods and eat a balanced diet.

Studies suggest children are more likely to eat vegetables if they have silly names like X-ray Vision Carrots or Power Peas.

You can also be creative with food presentations. Try making rocket-shaped fruit kebabs, arranging food colours in a rainbow on their plate, or using cookie cutters to cut new food into simple shapes.





#### **Foods to Avoid for Lunch**

Biscuits, Chocolate, Salted peanuts, Crisps, Chocolate Sandwich spread, sweets and cakes.

Drinks - Fizzy drinks, milkshakes, energy drinks.



# June 2022

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 HALF TERM	2 half term	3 HALF TERM	4 half term	5 HALF TERM
6	7 Parents Evening	8	9 Spanish Lesson	10 Boogie Beats	11	12
13	14	15	16 Parents Evening Spanish Lesson	17 Boogie Beats	18	19 Fathers Day
20	21	22	23 Spanish Lesson	24 Boogie Beats		26
27	28	29	30			